# Utah Parent and Student Opt-Out Notice

Please take notice that my child is to be excused and exempted for the current school year (see request date below) from the following school instruction, programs, and/or activities. This opt-out applies to all checked boxes below:

□ **Sex Education** – Pursuant to Utah Code 53G-10-403 (2)-(3), this serves as notice that my child is to be exempted from

1. participation in sex education classes or lessons completely,
2. or I am specifying topics as listed in the statute that I do not want my child to participate in as so indicated.

* sexual abstinence
* human sexuality
* human reproduction
* reproductive anatomy
* physiology
* pregnancy
* marriage
* childbirth
* parenthood
* contraception
* HIV/AIDS
* sexually transmitted diseases
* refusal skills or
* Other:

\*\*\*source for list - Utah Code 53G-10-403 (1)(a)(i).

* **Curricular And Noncurricular Clubs –** Per Utah Code § 53G-7-709, I hereby forbid or refuse to grant permission for my child to be involved in any clubs relating to the following topics:

* **Private Information** – Pursuant to 20 U.S.C. § 1232h, absent my written consent, none of the following may be undertaken regarding my child: The administration of any survey, analysis or evaluation that reveals: (1) political affiliations or beliefs of my child or me, (2) mental or psychological problems of my child or his or her family, (3) sexual behavior or attitudes, (4) illegal, anti-social, self-incriminating, or demeaning behavior, (5) critical appraisals of other individuals with whom respondents have close family relationships, (6) legally recognized privileged or analogous relationships, such as those of lawyers, physicians, and ministers, (7) religious practices, affiliations, or beliefs of my child or me, or (8) income (other than required by law to determine eligibility for participation in a program or for receiving financial assistance under such program).
* **Health Care Services in Public Schools –** Pursuant toUtah Code § 53G-9-215, I as parent of the student named below opt my child out of
  1. all optional health screenings or services
  2. or the specific health screenings mentioned here if so listed.

* **Mental Health Services -** According to Utah Code § 53G-9-902 (3)(a)(ii), I am refusing
  1. all optional mental health services offered by the school or
  2. do **not** grant permission for mental health professionals to discuss with my student or child the following topics out of respect for our religious and moral views as listed.

* **Immunization** – Pursuant to Utah Code § 53G-9-303 and § 53G-9-304, please take notice that I object to immunization of my child on the grounds that the immunization schedule, certain vaccines, or vaccination generally conflicts with the religious beliefs of myself as the student’s parent or guardian, or with the beliefs of our family’s church. I have taken the online module at <https://immunize.utah.gov/immunization-education-module/> or had an in-person consultation at my local health department and have filled out the required UT form which I have included.
* **Contraception or Abortion Services –** PerUtah Code Ann. § 76-7-322 I am refusing to grant permission for my child to be given advice or access relating to contraceptives or abortion services.
* **Learning Materials Which Question Moral or Religious Beliefs -** As the parent or legal guardian, the instruction identified below substantially interferes with the religious development of my child and conflicts with our family’s religious training​ and beliefs and/or moral convictions. (See *Mahmoud v. Taylor*, 606 U. S. 17, 25 (2025). Therefore, I request that my child be excused from receiving instruction​ as follows:

1. instruction or other learning materials that positively promotes sexual lifestyles other than is found between the marriage of one man and one woman;
2. instruction or other learning materials that positively promotes gender identity​ differing from biological sex.

* **Statutory Waiver -** I am exercising my right under Utah Code Ann. § 53G-10-205 (4), modeled after Utah Const. Art. I, § 4, which allows me as a parent to waive my child’s participation in any school activity violating our religious beliefs. Please see the following activities, instruction, and materials that the student named below is hereby not allowed to participate in and suggested appropriate alternates.

**Certificate of Authentication of Student and Parent**

Keep this signed, written notice on file in my child’s cumulative folder. This notice supersedes all prior Opt-Out notices.

Child’s Name Grade Level Date

Parent/Guardian’s Name(s)

Parent/Guardian’s Signature(s)

Parent/Guardian’s Physical Address

Parent/Guardian’s Email Address

Daytime/Evening Phone Number(s)

School Name School District

Received By (Print Name)

Received By (Signature) Date Received

# Instructions and Information on Using the Utah Parent and Student Opt-Out Notice

## What to Do

**THE OPT-OUT NOTICE MUST BE SUBMITTED EVERY YEAR**

Note: These instructions are designed to assist you as a parent in completing the foregoing notice. These instructions should not be given to the school.

1. Make copies and share this Utah Parent and Student Opt-Out Notice with other parents.
2. This notice allows you to check each box that applies to your concerns. You can check all of the boxes, only one box, or a few boxes, depending on your particular beliefs.
3. Make two copies of the completed notice. Then, sign and date each copy in ink.
4. Send the Opt-Out Notice to the school Principal by Certified Mail, e-mail, fax, or any other method whereby delivery can be confirmed. You do not need nor are you asking for “agreement” or “authorization.” You only need proof that you delivered the Opt-Out Notice to the school.
5. Keep one copy (with the proof of receipt) for your family and ask that the school keep a copy in your child’s school records (the cumulative file). Keep a signed copy for yourself.
6. Educate your children to report to you attempts to compel them to participate in classes or activities for which you have requested them to be opted-out.
7. Resubmit a copy of this Opt-Out Notice for each child when you enroll them for the next school year.

Pacific Justice Institute at [www.pji.org](http://www.pji.org/)