# New Mexico State Parent and Student Opt-Out Notice

Please take notice that pursuant to New Mexico Statute §22-13-30, §24-5-3, and 20 U.S.C. §1232(h) my child is to be excused and exempted for the current school year from the following school instruction and/or activities as indicated by the boxes checked below.

* **Vision screening** - Pursuant to §22-13-30 this shall serve as a written notice that my child is to be exempted from any and all vision screening tests.
* **Immunization** – Pursuant to §24-5-3 this shall serve as a written notice that my child is to be exempted from any and all vaccinations because of religious beliefs.
* **Mental Health Screening –** Pursuant to 20 U.S.C. §1232(h), absent my written consent, none of the following may be undertaken regarding my child: the administration of any survey, analysis or evaluation that reveals (1) political affiliations or beliefs of my child or me, (2) mental or psychological problems of my child or his or her family, (3) sexual behavior or attitudes, (4) illegal, anti-social, self-incriminating, or demeaning behavior, (5) critical appraisals of other individuals with whom respondents have close family relationships, (6) legally recognized privileged or analogous relationships, such as those of lawyers, physicians, and ministers, (7) religious practices, affiliations, or beliefs of my child or me, or (8) income (other than that required by law to determine eligibility for participation in a program or for receiving financial assistance under such program.)
* **Learning Material Which Questions Moral or Religious Beliefs:** As the parent or legal guardian, the instruction identified below substantially interferes with the religious development of my child and conflicts with our family’s religious training​ and beliefs and/or moral convictions. (See *Mahmoud v. Taylor*, 606 U. S. 17, 25 (2025). Therefore, I request that my child be excused from receiving instruction​ as follows:
1. instruction or other learning materials that positively promotes sexual lifestyles other than is found between the marriage of one man and one woman;
2. instruction or other learning materials that positively promotes gender identity ​differing from biological sex.
* **Other requests for opt-out based on sincerely held religious beliefs:**

Keep this signed, written notice on file in my child’s cumulative folder.

Child’s Name Grade Level Date

Parent/Guardian’s Name(s)

Parent/Guardian(s) Mailing Address

Parent/Guardian(s) Email Address

Parent/Guardian’s Signature(s)

Daytime/Evening Phone Number(s)

School Name School District

Received by (Print Name)

Received by (Signature) Date Received

# Instructions and Information on Using the New Mexico Parent Opt-Out Notice

**What to Do**

## THE OPT-OUT NOTICE MUST BE SUBMITTED EVERY YEAR

Note: These instructions are designed to assist you as a parent in completing the foregoing notice. These instructions should not be given to the school.

1. Check each box that applies to your concerns.
2. Make two copies of the completed notice. Then, sign and date each copy in ink.
3. Send the Opt-Out Notice to the school Principal by Certified Mail, Signature Requested (Preferred method). Alternatively, it could be sent by fax or any other method whereby delivery can be confirmed. The Principal’s signature serves as proof of service. You do not need, nor are you asking for, the District’s agreement or authorization. You only need proof that you delivered the Opt-Out Notice to the school.
4. Keep one copy (with the proof of service) for your family and ask that the school keep a copy in your child’s school records (The cumulative file).
5. Educate your children to report to you attempts to compel them to participate in instruction or activities from which you have requested them to be opted-out.
6. Resubmit a copy of this Opt-Out Notice for each child when you enroll them for the next school year.

Feel free to make copies and share this New Mexico Parent Opt-Out Notice with other parents.

**The Pacific Justice Institute at** [**www.pji.org**](http://www.pji.org/)