**Parental Instructional Opt-Out Form**

**To:** [Principal or Administrator Name]  
**School Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**School District:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Re: Instructional Content Opt-Out Request Pursuant to Illinois Statute and Constitutional Rights Recognized in *Mahmoud v. Taylor*, 2024**

Dear [Principal/Administrator Name]:

As the parent(s)/legal guardian(s) of:

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Grade:** \_\_\_\_\_\_\_  
**Homeroom/Teacher:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I/We hereby formally exercise our **constitutional right as recognized by the United States Supreme Court in *Mahmoud v. Taylor*, 2024**, to direct the upbringing and education of our child. Accordingly, we respectfully request that our child be excused from participation in the following instructional content or school-sponsored programming:

[☐] Sexual education or sexuality-related topics  
[☐] Gender identity or gender theory instruction  
[☐] Content contrary to religious or moral convictions  
[☐] Mental health or behavioral surveys  
[☐] Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Legal Basis for This Request:**

This opt-out request is grounded in:

* The **U.S. Constitution**, including:
  + The **First Amendment** (Free Exercise Clause),
  + The **Fourteenth Amendment** (Due Process Clause), as interpreted in:
    - ***Mahmoud v. Taylor*, 2024 U.S. Supreme Court**, affirming the **fundamental liberty interest of parents to opt their children out of specific public school instruction** that conflicts with sincerely held religious or moral beliefs;
* The **Illinois School Code**, including but not limited to:
  + **105 ILCS 5/27-9.1** — Opt-out provisions for certain health and sex education content;
  + **105 ILCS 5/27-13.2** — Rights related to instruction conflicting with religious convictions;
  + **Relevant school district policy** on parental rights and opt-outs.

**Alternative Instruction Request:**

We respectfully request that our child be offered either:

* A **supervised study period**, or
* **Alternate instructional content**, as appropriate,  
  without academic penalty or stigma.

**Parent/Guardian Acknowledgment:**

Printed Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Signature(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Phone/Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**School Acknowledgment:**

Received by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

☐ Request Approved  
☐ Meeting Requested  
☐ Request Denied (Explanation Attached)

**Notice:**

This request is made respectfully and in good faith, in accordance with the U.S. Supreme Court’s holding in *Mahmoud v. Taylor* and relevant Illinois law. The rights exercised herein do not reflect any intent to disrupt or challenge the general educational mission of the school, but rather to affirm the protected parental role in a child’s moral and educational development.