

Oregon State Parent and Student Opt-Out Notice

Please take notice that pursuant to Oregon Compiled Laws OAR §581-021-0046(5), OAR §581-022-1440(5), OAR §333-050-0100(19), ORS §433.267, ORS §336.035(2), ORS §336.211(3), ORS §336.216, ORS §336.465, ORS §337.300, and ORS §433.321(7), my child is to be excused and exempted, for the current school year (see request date below), from the following school instruction and/or activities. This opt-out applies to all checked boxes below:

- Sex Education** – The entirety of the instruction in sex education, including family planning; human sexuality; the emotional, physical, psychological, hygienic, economic, and social aspects of family life; reproductive health. This shall be considered continuing written notice that my child will not be enrolled in sex education class without my prior written authorization. [OAR §581-022-1440(5), ORS §336.035(2), ORS §336.465].

- Sex Education** – The class(es) of instruction in sex education, including family planning; human sexuality; the emotional, physical, psychological, hygienic, economic, and social aspects of family life; reproductive health as described. This shall be considered continuing written notice that my child will not be enrolled in sex education class without my prior written authorization. [OAR §581-022-1440(5), ORS §336.035(2), ORS §336.465] Describe the class or classes for which the pupil is to be excused.

- STD and STI Education** – The entirety of instruction in HIV/AIDS education; and the recognition, prevention, and treatment of sexually transmitted diseases (STDs) and sexually transmitted infections (STIs). This shall be considered continuing written notice that my child will not be enrolled in STD and/or STI education classes without my prior written authorization. [OAR §581-022-1440(5), ORS §336.035(2), ORS §336.465].

- STD and STI Education** – The class(es) of instruction in HIV/AIDS education; and the recognition, prevention, and treatment of sexually transmitted diseases (STDs) and sexually transmitted infections (STIs). This shall be considered continuing written notice that my child will not be enrolled in STD and/or STI education classes without my prior written authorization. [OAR §581-022-1440(5), ORS §336.035(2), ORS §336.465]

- Dissection** - Participation in the dissection of any vertebrate or invertebrate animal ORS §337.300

- Immunization** - Submission to any and all vaccinations because of religious or philosophical convictions or other objections [ORS §433.267, OAR §333-050-0100(19)]

- Hearing Testing** - Participation in hearing testing and screening, or submission of statement of examination because it violates my personal religious beliefs ORS §433.321(7)

- Vision Testing** - Participation in vision testing and screening, or submission of statement of examination because it violates my or my child's personal religious beliefs ORS §336.211(3)

- Mental Health Screening** - Participation in any sort of mental health screening ORS §336.216

Keep this signed, written notice on file in my child's cumulative folder. This notice supersedes all prior Opt-Out notices.

Child's Name _____ Grade Level _____ Date _____

Parent/Guardian's Name(s) _____

Instructions and Information on Using the Oregon State Parent and Student Opt-Out Notice

What to Do

THE OPT-OUT NOTICE MUST BE SUBMITTED EVERY YEAR

Note: These instructions are designed to assist you as a parent in completing the foregoing notice. These instructions should not be given to the school.

- 1) Make copies and share this Oregon Parent and Student Opt-Out Notice with other parents.
- 2) Submitting this notice provides the opportunity to exempt your child from sex education, STD and STI education, dissection, school authorized vaccinations/immunizations, hearing testing, vision testing, and/or mental health screening during the school year specified.
- 3) This notice allows you to check each box that applies to your concerns. You can check all of the boxes, only one box, or a few boxes, depending on your particular beliefs.
- 4) Make two copies of the completed notice. Then, sign and date each copy in ink.
- 5) Send the Opt-Out Notice to the school Principal by Certified Mail, Signature Requested (**preferred method**). Alternatively it could be sent by fax or any other method whereby delivery can be confirmed. The Principal's signature serves as Proof of Service. You do not need nor are you asking for "agreement" or "authorization". You only need proof that you delivered the Opt-Out Notice to the school.
- 6) As a SECOND Proof of Service, take a completed notice to the school office. Ask the school secretary or school principal to sign and date; and or to place the school "Received" stamp on each copy of the notice. The Opt-Out Notice is an assertion of your legal rights and not an agreement. The signature from the school is not required to "validate" your demand. The school signature is only to serve as proof that the school was put on notice of your legal rights and that the violation of your rights could be legally actionable.
- 7) Keep one copy (with the proof of service) for your family and ask that the school keep a copy in your child's school records (The cumulative file).
- 8) Make and give a copy to each of your child's teachers. Keep a signed copy for yourself.
- 9) Educate your children to report to you attempts to compel them to participate in sex education, STD and STI education, dissection, school authorized vaccinations/immunizations, hearing testing, vision testing, and/or mental health screening
- 10) Resubmit a copy of this Opt-Out Notice for each child when you enroll them for the next school year.
- 11) Follow steps 1 through 10 as on the previous year.